**INTRODUCTION – OPTOMETRIC FOCUSED**  
Lynn Fishman Hellerstein, O.D., FCOVD, FAAO, developmental optometrist, is the founder and co-owner of Hellerstein & Brenner Vision Center P.C. A third-generation optometrist, located in Colorado, Dr. Hellerstein graduated from Pacific University College of Optometry in 1977.

For more than 40 years, Dr. Hellerstein has treated children/adults with learning & reading deficits, visual processing disorders, brain injuries or special needs. She is known as a pioneer in vision therapy and has created “brain-based” visual strategies to help individuals increase school and work success, improve sports performance and confidence.

Dr. Hellerstein is a nationally and internationally acclaimed speaker, educator and leader in the areas of vision therapy, vision rehabilitation, and sports vision. An author of numerous professional journal articles, she has won multiple awards for her book series, *See It. Say It. Do It!* Honors include: COVD President’s award (2015), New England College of Optometry Behavioral Optometric Scholar in Residence (2007), Colorado Optometrist of the Year (2006), National Academies of Practice Distinguished Practitioner (2001), Distinguished Service Award for Colorado (1994). An adjunct faculty member at 5 optometry schools, she is Past-President of the College of Optometrists in Vision Therapy (COVD).

Her two beautiful adult daughters and four grandchildren fill her life with fun and joy!

For more information, visit: [www.LynnHellerstein.com](http://www.LynnHellerstein.com)

**SHORT INTRODUCTION:**

Lynn Hellerstein, O.D., FCOVD, FAAO is a developmental optometrist and co-owner of Hellerstein & Brenner Vision Center P.C. For more than 40 years, Dr. Hellerstein has treated children and adults with learning and reading deficits, visual processing disorders, or brain injuries. She has inspired thousands of individuals to improve their vision and enhance their school/work success, sports performance, and confidence. An international speaker and author of the award-winning books series, *See It. Say It. Do It!*, Dr. Hellerstein is an adjunct faculty member at five schools of optometry, and past-president of the College of Optometrists in Vision Development.

Her two beautiful adult daughters and four grandchildren fill her life with fun and joy!

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**INTRODUCTION - PERSONALIZED**  
Lynn Hellerstein, a pioneer, expert and leader in developmental optometry has inspired thousands of people to improve their vision and enhance their lives. She has extensively utilized vision therapy with children and adults with learning related vision problems, vision perception deficits and/or brain injuries, as well as enhancing visual performance for athletes. She’s the founder of Hellerstein & Brenner Vision Center, P.C., Lynn provides the highest quality vision care to patients of all ages. With a highly trained staff and state of the art equipment, her practice strives to go beyond 20/20.

Lynn’s vision and influence has circled the globe as she delivered her electrifying presentations and workshops for parents, educators, therapists, athletes, optometrists, and physician. She has presented in the USA and internationally, including the Philippines, Korea, Canada, Israel, Australia, Sweden, and Spain. **92**

In 2019, she expanded her personal “purpose” and became Chair of the Board for the Sock It to ‘Em Campaign. Lynn’s goal is simple: get the word out that new socks are being collected; that they are for all ages; and the purpose is to put socks on feet for warmth, comfort, and protection. Sock It to ‘Em has made a huge social impact on over 750,000 pairs of feet, one pair of socks at a time.

Honored to be a Fellow of the College of Optometrists in Vision Development (COVD) as it’s past president and as well as a Fellow of the American Academy of Optometry, Lynn also expands her spare time to serve as an adjunct professor for several schools of optometry.

She has published extensively on numerous vision related topics. In addition, she’s the author of *See It. Say It. Do It!, Organize It! Workbook, 50 Tips to Improve Your Sports Performance,* and *Expand Your Vision Beyond Sight. Expand Your Vision Expand Your Vision: How to Gain Clarity, Courage, and Confidence* is her fourth book.

Based in Colorado, you may find Lynn hiking on the trails and in the mountains; collaborating with her fellow musicians on the flute; and rejoicing with her family. Zooming with her grandchildren includes stories and games. When in person, the Disney channel, cook­ing, and party time in her backyard becomes the must be place to gather.

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