

**SPORTS VISION EVALUATION TESTING REPORT**

Name of Athlete: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Testing: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Administrator(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

This evaluation tests ten of the following key areas of visual function required for elite level sports performance:

**I. EYE HEALTH:** *Any pathology or medical concern*

**II. VISUAL ACUITY/CONTRAST SENSITIVITY**: *Discern detail of an object at all distances/discern detail in varying contrast*

**III. EYE MOVEMENT SKILLS**: *Accurate eye movements, slow and fast*

**IV. BINOCULAR COORDINATION/EYE TEAMING**: B*oth eyes working together efficiently at all distances*

**V. EYE FOCUSING**: *Quickly focus on an object at any distance and keep it clear*

**VI. DEPTH PERCEPTION**: *Judge relative distance between objects correctly*

**VII. EYE-HAND-BODY COORDINATION**: *Direct the hands, feet, or body efficiently in response to visual stimuli*

**VIII. PERCEPTION SPAN**: *How quickly you visually acquire critical information*

**IX. VISUAL PROCESSING SPEED**: *The speed that your brain interprets and reacts to visual stimuli*

**X. VISUALIZATION/VISUAL MEMORY**: *Visualizing and remembering* *images, plays, opponents etc. in the mind’s eye*

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| **ATHLETE PERFORMANCE** | | | | | | | |
|  | **Adequate** | **Opportunity** | **Inadequate** |  | **Adequate** | **Opportunity** | **Inadequate** |
| **Eye Health** |  |  |  | **Depth Perception** |  |  |  |
| **Visual Acuity/Contrast Sensitivity** |  |  |  | **Eye-Hand-Body coordination** |  |  |  |
| **Eye Movements** |  |  |  | **Perception Span** |  |  |  |
| **Eye Teaming** |  |  |  | **Visual Processing Speed** |  |  |  |
| **Eye Focusing** |  |  |  | **Visualization/**  **Visual Memory** |  |  |  |

**Comprehensive Vision Exam Performed with Optometrist:** Dr. Alexandria Wiss - Dr. Amy Elisla - Dr. Sara Grell – Dr. Lynn Hellerstein – Dr. Tricia Brenner

**Sports Vision Evaluation with Sports Vision Trainer (circle):** Taylor Benton, MA, COVT – Dr. Alexandria Wiss

**Recommendations**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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